



# Conscious Discipline Workshop Teaching To The Head, Hand and Heart

Behavior Techniques, Strategies and Resources for the Classroom

## October 16, 2009 and December 4, 2009

(Day 1)

(Day 2)

Conscious Discipline® is comprehensive social and emotional intelligence classroom management program that empowers teachers and school staff. Based on current brain research, child development information and developmentally appropriate practices, the goal of the program is to provide systemic change in school settings by fostering the emotional intelligence including self-control of adults first and children second.

This research based workshop teaches effective strategies designed to:

- ♥Boost academic achievement
- ♥Decrease problem behaviors
- ♥Develop essential social skills
- ♥Enhance parenting skills
- ♥Build character and integrity
- ♥Improve cooperation

**Presenters:** Kay Zastrow and Peggy Simonis, Certified Conscious Discipline® Instructors

**Audience:** Teachers, administrators, counselors, therapists

**Registration:** 8:00-8:30AM **Workshop:** 8:30AM-3:30PM

**Location:** Royal Ridges—Hwy 23, Ripon Wisconsin 920-748-5500 Comfort Suites next door for lodging needs.

**Fee:** \$235.00 ( includes handouts, certificate, continental breakfast and lunch for both days)

\$50.00 Conscious Discipline® Resource Bag (a selection of resource materials for the classroom) **optional**

**Graduate Credit:** 1 credit through UW Oshkosh available for an additional fee of \$200.00 per participant.

Must attend both days. Sign up is first day of workshop.

**Questions:** Barb Behlen, Coordinator Regional Service Network, 920-236-0551  
or bbehlen@cesa6.k12.wi.us. CESA 6 web site: www.cesa6.k12.wi.us



*Wisconsin Teacher Standards and State Performance Plan Indicators Emphasized:*

- WTS5 - Managing a Classroom
- IND 4 - Suspension and Expulsion
- IND6 - Preschool Environment

**Cancellation Policy:** Any workshop registration cancellations must be received 48 hours before the workshop scheduled date, for a refund to be issued. Because attendance at most workshops has to be limited, persons registering for a workshop and not in attendance on the day of the workshop will be charged the full registration fee.

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**Please check one:**

- Check is enclosed, made payable to CESA 6
- Bill my School District, PO # \_\_\_\_\_
- Use my Conference Attendance Fund (CESA 6 employed staff ONLY)
- Credit Card Payment

Participant Name(s) \_\_\_\_\_

Position(s) \_\_\_\_\_

District \_\_\_\_\_

Phone (Work) \_\_\_\_\_

(Home) \_\_\_\_\_

Would you like to be notified by email of future CESA 6 training sessions?  Yes  No

Email Address \_\_\_\_\_

Special accommodations or dietary needs \_\_\_\_\_

Cardholder Name \_\_\_\_\_

Cardholder Address (include city, state ZIP) \_\_\_\_\_

Credit Card Type (VISA, MasterCard, etc.) \_\_\_\_\_

Credit Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

3 Digit Code on Back of Card \_\_\_\_\_

**RETURN TO:**

Paula Starr, CESA 6, PO Box 2568, Oshkosh, WI 54903-2568 (920) 236-0567